

# 1. Amsel-Cup im Kniebeugen 2008

| Pl. | BDW.  | NAME                   | Rackhigh | SQUAT |       |        | BENCHPRESS |    |    | SUB.  | DEADLIFT |    |    | TOT.  | Wilk's | Coef. |
|-----|-------|------------------------|----------|-------|-------|--------|------------|----|----|-------|----------|----|----|-------|--------|-------|
|     |       |                        |          | 1.    | 2.    | 3.     | 1.         | 2. | 3. |       | 1.       | 2. | 3. |       |        |       |
| 1   | 54,2  | <b>Junge, Janette</b>  | 10       | 40,0  | -50,0 | -50,0  |            |    |    | 40,0  |          |    |    | 40,0  | 48,3   | 1,207 |
| 1   | 126,4 | <b>Steinert, Andre</b> | 12       | 285,0 | 300,0 | -315,0 |            |    |    | 300,0 |          |    |    | 300,0 | 170,6  | 0,569 |
| 2   | 87,3  | <b>Seifert, Lars</b>   | 10       | 250,0 | 260,0 | -270,0 |            |    |    | 260,0 |          |    |    | 260,0 | 168,7  | 0,649 |
| 3   | 106,0 | <b>Döhne, Ralf</b>     | 9        | 220,0 | 240,0 | 250,0  |            |    |    | 250,0 |          |    |    | 250,0 | 148,9  | 0,596 |
| 4   | 58,1  | <b>Richter, Danny</b>  | 6        | 135,0 | 150,0 | 155,0  |            |    |    | 155,0 |          |    |    | 155,0 | 136,2  | 0,879 |
| 5   | 67,9  | <b>Kaiser, Ron</b>     | 9        | 135,0 | 150,0 | 165,0  |            |    |    | 165,0 |          |    |    | 165,0 | 126,6  | 0,767 |
| 6   | 103,4 | <b>Ziegler, Nico</b>   | 12       | 170,0 | 180,0 | -185,0 |            |    |    | 180,0 |          |    |    | 180,0 | 108,2  | 0,601 |
|     |       |                        |          |       |       |        |            |    |    |       |          |    |    |       |        |       |

## HEADREFEREE

NAME: Theile, Nicole